

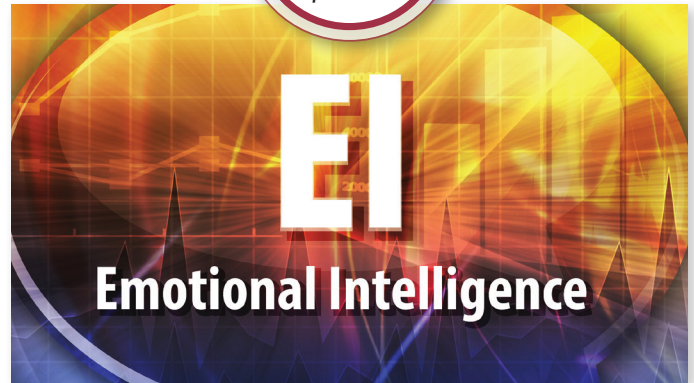
Emotional Intelligence

Buy 2,
receive a
3rd for half
price*

*Materials fee may apply.

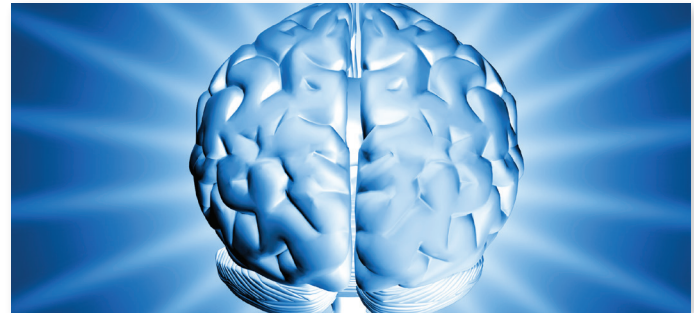
Mastering Emotional Intelligence Level 1

Emotional intelligence (EQ) is the ability to recognize, understand, and use your emotions effectively. Unlike regular intelligence (IQ), EQ is a skill that can be improved through increased awareness, practice, and a commitment to change. The skills measured by the Emotional Intelligence Appraisal include Overall EQ and the four core skills: Self-Awareness, Self-Management, Social Awareness, and Relationship Management. **9am-4:30pm: 1/26/17 or 8/29/17; \$395**



Brains! The Power of Emotional Intelligence

The Brains! approach to emotional intelligence will help your entire organization increase productivity, employee morale, and achieve better results! The link between emotional intelligence and job performance is undeniable. The challenge is teaching people how to take action and learn this fluid skill. **8am-12pm: 5/24/17 or 11/2/17; \$195**



Mastering Emotional Intelligence Level 2

This session is intended for those participants who have completed the Mastering Emotional Intelligence Level 1 workshop and are ready to dive deep into learning how to master the emotions that negatively influence their decisions and actions. In this time together, participants will practice high-EQ responses to scenarios that challenge them most, that help them tune into their emotions before and during conflict, and can help them resolve their challenges in these areas. **9am-4:30pm: 4/18/17 or 12/7/17; \$395. \$650 when combined with Mastering Emotional Intelligence Level 1 workshop**



If you would like to register one or more participants for these sessions, please contact our office at (661) 631-2165 or email us at Training4You@PASassociates.com.

Workshops are presented in the P•A•S Training Center OR on-site at your location OR live online!
We can customize any workshop for your team.

Registration may close 72 hours prior to a training session. Cancellations received up to 10 calendar days prior to the training session or beginning of the training series are refundable, less an administrative/materials fee. After that time, cancellations are subject to the registration fee.



PAS

HUMAN RESOURCES CONSULTANTS
INVESTIGATIONS

Phone: (661) 631-2165 • Fax: (661) 631-2841

www.PASassociates.com

Our priority is people. Our product is service.